




Installation

- Drag the LifeSlice application to the Applications folder.
- Open the Applications folder and launch LifeSlice.
- If this is your first time, you will be prompted with several little dialog boxes:
 - Updates — It is recommended that you turn on automatic updates
 - Extended permissions — This is required for word-counting and keyboard statistics.

Use

- Look for the LifeSlice icon in the menubar. 
- Select “Preferences...” to customize and enable extended features.
- Select “Record Slice Now” to record your first data
- Select “Live Stats” to see your data updated in real time
- Select “Slice Browser” to view your data for days and months
- You will receive a daily summary at the beginning of each day.

More information and source code at <http://wanderingstan.github.io/Lifeslice/>

Any questions, please leave on the Github page, or email me at lifeslice@wanderingstan.com

-Stan